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Community Resource Guide

Compliments of:

Fairview Physician Associates
University of Minnesota Medical Center, Fairview Social Services
Fairview Partners & Geriatric Services

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Abuse/Physical/Mental

*Fairview Domestic Abuse Services www.fairview.org	612-672-2700 952-924-5775 952-892-2500	2450 Riverside Ave., Mpls 6401 France Ave. S., Edina 201 E. Nicollet Blvd., Burnsville
Neighborhood Involvement Program (NIP) Rape & Sexual Abuse Center www.neighborhoodinvolve.org/	612-825-4357	2431 Hennepin Ave. S., Mpls Rape crisis center, childhood sexual abuse, secondary victims of sexual violence, legal advocacy and community education and prevention programming
Tubman Family Alliance www.tubmanfamilyalliance.org	612-825-3333	4432 Chicago Ave. S., Mpls Support services for women, girls and families in abusive situations
Battered Women's Hotline www.mcbw.org	651-646-0994	
Women's Advocates www.wadvocates.org	651-227-8284	588 Grand Ave., St. Paul Shelter hotline
National Domestic Abuse Hotline www.ndvh.org	800-799-7233	24 hours - 7 days per week

Chemical Dependency

*Fairview CD Intake www.fairview.org	612-672-2736 inpatient services 612-672-6600 or 1-800-233-7503	To arrange an appointment with CD counselor
Chrysalis, A Center for Women www.chrysaliswomen.org	612-871-0118	Hours vary, call for information Rule 25 assessments Counseling & assessments For CD & outpatient treatment
Minnesota Teen Challenge (MnTC) http://mntc.org	612-373-3366	4432 Chicago Ave., Mpls Residential drug and alcohol programs serving teens and adults from all ethnic, socioeconomic and religious backgrounds

Hennepin County Chemical Health Services	612-879-3503	1800 Chicago Ave. S. Mpls Rule 25 assessments M-F, 8 am - 4:30 pm
Ramsey County Chemical Assessment & Referral Unit	651-266-4008	Rule 25 assessment & referral for treatment M-F, 8 am - 4:30 pm
Anoka County Community Social Services & Mental Health Department	763-422-7078	Rule 25 assessments
African American Family Services www.aafs.net	612-871-7878	2614 Nicollet Ave., Mpls M-Th, 8 am or by appointment
American Indian Center www.maicnet.org	612-879-1702	1530 E. Franklin Ave., Mpls Walk-ins, Mondays or by appointment
MIWRC (Minnesota Indian Women's Resource Center) www.miwrc.org	612-728-2000	2300 15 th Ave. S., Mpls Rule 25 assessments and referrals
Indian Health Board www.ihb-mpls.org	612-721-9868	1315 E. 24 th St., Mpls Counseling and assessments
CLUES Minneapolis (Comunidades Latinas Unidas En Servicio) www.clues.org	612-746-3500 651-379-4200	720 E. Lake St., Mpls 797 E. 7 th St., St. Paul Rule 43 (culturally specific) assessments and referrals
Alcoholics Anonymous www.alcoholics-anonymous.org	952-922-0880	
Cocaine Anonymous www.ca.org	763-323-3350	
Salvation Army Harbor Light Center	612-338-0113	1010 Currie Ave., Mpls Substance abuse treatment for men

Clothing

Sharing & Caring Hands www.sharingandcaringhands.org	612-338-4640	525 North 7 th St., Mpls M-Th, 10 -11 am & 1:30 – 3:30 pm Sat & Sun, 9:30 - 10:30 am
St. Stephen's Free Store www.ststephensmpls.org	612-874-0311	2211 Clinton Ave. S., Mpls T-Th, 8:30 - 11:30 am
God's Closet	651-771-4627	820 White Bear Ave., St. Paul Free adult & children's clothing Photo ID requested M, 2 - 4 pm W & F, 10 am - 2 pm
Joseph's Coat www.josephscoatmn.org	651-291-2472	1107 West 7 th St., St. Paul Clothing, small household and personal hygiene items M & W, 9:30 am - 4:30 pm

Community Clinics

Neighborhood Health Care Network www.nhcn.org	651-489-CARE (2273) or 1-866-489-4899	Connects uninsured or underinsured to medical, dental or mental health services in the Twin Cities metro area, 14 community health centers with 46 service locations
St. Mary's Health Clinics	651-690-7029	Free health care for uninsured
Access Imaging www.accessimagingmn.com	763-417-2000	36 Nathan Lane N., Plymouth MRI's on a Sliding Fee Scale for patients who do not have health insurance and affordable payment options for those with high deductible plans.
Indian Health Board www.ihb-mpls.org	612-721-9800	1315 E 24 th St., Mpls Medical and dental services

Durable Medical Equipment & Oxygen

*Fairview Home Medical www.fairview.org/rehab	651-632-9800 (St. Paul) 612-273-8877 (Minneapolis) 952-460-4940 (Burnsville)	Durable medical equipment (DME), nebulizer equipment and supplies, continuous positive airway pressure (CPAP/BIPAP) machines and supplies, body braces/supports, manual wheelchairs, canes, lift chairs, adaptive devices, mastectomy products, compression garments, post-eye surgery chairs, breast pumps. Does not carry hospital beds or oxygen
Handi Medical Supply www.handimedical.com	651-644-9770	Full service DME, oxygen, wheelchairs, scooters, mastectomy, lymphedema, nutritionals, pediatrics, service and repair
Northwest Respiratory www.nwrespiratory.com	800-232-0706	Medical Assistance (MA) recipients must use this vendor to have coverage. Accepts most insurances
American Cancer Society www.cancer.org	800-227-2345	Call 800# to locate American Cancer Society (ACS) navigator; must have cancer diagnosis; ACS helps pay for certain DME if ordered by MD
Easter Seals/Goodwill www.mnges.easterseals.com	651-379-5922	Free DME is loaned out, based on availability. Patient/family must call first & arrange to pick up DME from: 553 Fairview, St. Paul
Pediatric Home Service www.pediatrichomeservice.com	651-642-1825	Specializes in pediatric DME Does not offer wheelchairs

Food Shelves

Emergency Food Shelf Network www.emergencyfoodshelf.org	763-450-3860	Call to locate food shelf in your area. Food shelves require photo ID and proof of residence
Salvation Army Northside www.salvationarmy.org	612-522-6581	2024 Lyndale Ave. N., Mpls Must call 1 day ahead for appointment M-F, 8:30 to Noon
Salvation Army Southside www.salvationarmy.org	612-767-2700	1604 East Lake St., Mpls Must call 1 day ahead for appointment M-F, 8:30 am to 4 pm
Salvation Army Eastside www.salvationarmy.org	651-776-2653	1019 Payne Ave., St. Paul Walk-in, 1 st come-first served M-F hours vary
Sharing & Caring Hands (MaryJo Copeland, Founder and Director) www.sharingandcaringhands.org	612-338-4640	525 North 7 th St., Mpls M-T-W-Th, 1:30 to 3:30 pm
Women, Infants and Children (WIC) Program www.fns.usda.gov/wic	1-800-WIC-4030	Must make an appointment
Second Harvest Heartland www.2harvest.org	651-484-5117	Call to locate food shelf in your area. Food shelves require photo ID and proof of residence
Dorothy Day Center www.ccspm.org/dorothy_day_center_info.aspx	651-293-1919	183 Old 6 th St., St. Paul Open to anyone; use once per month only M-Fri, 9-11am M-W-Thurs, 2-4 pm

Free Meals

Sharing & Caring Hands (MaryJo Copeland, Founder and Director) www.sharingandcaringhands.org	612-338-4640	525 North 7 th St., Mpls Breakfast: M-Th, 10 am Lunch: M-Th, Noon Lunch: Sat & Sun, 11 am Dinner M-Th, 4 pm
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Dorothy Day Center www.ccspm.org/dorothy_day_center_info.aspx	651-293-1919	183 Old 6 th St., St. Paul Breakfast: Sat & Sun, 9 to 9:30 am Lunch: M-Sun, Noon to 12:45 pm Dinner: M-Th, 4:30 to 5:15 pm
Loaves & Fishes www.loavesandfishesmn.org	612-377-9810	Nonprofit, volunteer-driven agency that provides meals at 8 locations in the metro area

General Community, Statewide & National Resources

First Call For Help www.fcfh.org	2-1-1 or 1-800-HELP 555 (435-7555)	Community resources
Metropolitan Area Agency on Aging www.tcaging.org	1-800-333-2433	Resources for seniors and their families - Meals on Wheels, grocery, delivery, chore providers
Disability Link www.MinnesotaHelp.info	1-866-333-2466 TTY/TDD 711 or 1-800-627-3529	Statewide information and referral resource for disability-related questions. M-F, 8 am - 4:30 pm
United Way www.unitedway.org	211 or 651-291-0211	Community resources
*Fairview On-Call www.fairview.org	612-672-7272	Information on Fairview services
Department of Vocational Rehab www.deed.state.mn.us/rehab	651-296-5616	Helps people with disabilities to achieve their employment and independent living goals
Elderberry Institute www.elderberry.org/programQuickLinks		Block Nurses Program, Minneapolis, St. Paul and out-state contacts and resource information
Office of Multicultural Services (OMS) www.hennepin.us	612-348-2193	330 S. 12 th St, Suite 3637, Mpls Helps refugees, immigrants and persons with Limited English Proficiency connect to Hennepin County Services

CaregiverMN www.caregivermn.org	651-455-1560	Resources for Spanish and Hmong speaking family caregivers: <ul style="list-style-type: none"> • education and resources • medical • legal housing
Senior Community Services www.seniorcommunity.org	952-541-1019	Hennepin County - "to identify, develop, coordinate and provide services that help meet the needs of people 55+"
Minnesota Help www.minnesotahelp.info/public		Statewide community resources for all ages
Lutheran Social Services www.lssmn.org	651-642-5990	Links for people with disabilities, children, seniors and caregivers
CMS (Centers for Medicare & Medicaid Services) www.cms.hhs.gov		Information about regulations, research, data, programs and more
Minnesota Board on Aging www.mnaging.org		Information for older Minnesotans and their families regarding state and local policies and programs
Vulnerable Adult www.mnaging.org/advisor/vulnerable.htm		Provides training and consultation about the Minnesota Vulnerable Adults Act
GrayTimes http://graytimes.com/index.php		Information and resources for Minnesotans 55+
Global Health Ministries http://www.ghm.org/	763-586-9590	Charitable organization that receives and provides medical supplies and funding for Lutheran health care missionaries
Minnesota Workforce Center System www.mnwfc.org	1-888-GET-JOBS (438-4627)	Provide the tools, resources and services needed for job search, career planning and training needs
Minnesota Veteran www.minnesotaveteran.org	1-888-LinkVet (546-5838)	Information and links available for military members and veterans.

Home Health Care & Infusion/Enteral Companies

*Fairview Home Care & Hospice www.fairview.org/homecare	612-728-2468 1-866-827-5039	Home health services for 15 metro county area and Princeton area
*Fairview Lakes HomeCaring & Hospice www.lakes.fairview.org	651-257-8850	Home health services in Wyoming and surrounding area
*Fairview Home Infusion www.fairview.org/pharmacy	612-672-7444	IV & enteral services
Children's Home Care www.childrensmn.org	612-813-7519	Home health & IV services
Pediatric Home Service www.pediatrichomeservice.com	651-642-1825	Home IV & enteral services
REM Health, Inc. www.remhealth.com	952-926-9808 (Edina) 507-282-2246 (Rochester) 320-284-3940 (Annandale) 320-259-7045 (St. Cloud)	Children through elderly: Home care, homemaking, personal care assistant (PCA), mental health, case management

Home Making Services

Right at Home www.twincities.rightathome.net	952-854-6122	In-home care and assistance agency, providing quality senior and disabled persons care
Continual Feast Companion www.continualfeast.com	763-755-4801	For senior clients

Housing

*Ebenezer www.fairviewebenezer.org	612-874-3460 612-879-2233 (Park) 612-879-2243 (Tower)	A variety of affordable options for seniors, including HUD Section 8 rental assistance at: Park Apartments 2700 Park Ave., Mpls Note: Also welcome adults 18+ who are deaf, hearing impaired or require wheelchair accessible housing Tower Apartments 2523 Portland Ave., Mpls
Hennepin County Housing Resource Center www.housingresourcecenter.org	612-879-5266	2414 Park Ave. S., Mpls M-Th, 1:30 - 3:30 pm walk-ins Housing search assistance Housing & rental counseling
St. Paul Urban League www.spul.org	651-224-5771	401 Selby Ave., St. Paul
Senior Housing Guide www.seniorhousingguide.us	651-690-3141	Counties: Anoka, Carver, Chisago, Dakota, Hennepin, Isanti, Scott, Sherburne, Ramsey, Washington, Wright

Legal Assistance

Legal Aid Society www.lawhelp.org	612-334-5970	430 1 st Ave. N., Suite 300, Mpls
The Law Offices of Miles W. Lord & Associates www.mileslord.com	651-227-1600	Legal advice, immigration issues
Lawyer Referral Service www.abanet.org/legal/services/iris/directory/main.cfm?id=MN	612-752-6666	Legal advice, \$30 fee first half hour
Chrysalis Center For Women www.chrysaliswomen.org	612-871-0118	4432 Chicago Ave. S., Mpls

Mental Health

*Fairview Inpatient Mental Health Intake	612-672-6600	To arrange for inpatient admissions
*Fairview Behavioral Emergency Center (BEC)	612-273-5640	Crisis mental health (MH) assessments 7 days per week, 9 am - 1 am University of Minnesota Medical Center, Fairview Riverside Campus (Minneapolis)
*Fairview Southdale DEC (Diagnostic Evaluation Center)	952-924-5112	Crisis MH assessments 7 days per week, 8 am - 12 am Fairview Southdale Hospital location (Edina)
*Fairview Ridges DEC (Diagnostic Evaluation Center)	952-892-2021	Crisis MH assessments 9 am - 1 am, Sunday, Monday T-F, 5 pm - 1 am Fairview Ridges Hospital location (Burnsville)
*Fairview Counseling Centers www.fairview-university.fairview.org/Clinical_Services/counseling/index.asp	612-672-6999	For an appointment with a counselor at several Twin Cities locations
Family & Children's Service www.everyfamilymatters.org	612-339-9101	414 S. 8 th St. Mpls M-F, 8 am - 4:30 pm Counseling, support groups individuals, couples, parents & families
HCMC Crisis Intervention Center www.hcmc.org/depts/psych/cic.htm	612-873-3161	701 Park Ave. S., Mpls
Walk-in Counseling Center www.walkin.org	612-870-0565	2421 Chicago Ave. S., Mpls M-W-F, 1 to 3 pm M-Th, 6:30 pm - 8:30 pm No fees charged
Appollo Drop-in Center www.mtn.org	651-227-6321	313 N. Dale, St. Paul M-F, 9 am - 5:30 pm

Minnesota Suicide & Crisis Hotlines http://suicidehotlines.com/minnesota.html	1-800-SUICIDE (784-2433) 1-800-273-TALK (8255) TTY: 1-800-799-4TTY(4889)	Crisis counselors available 24 hours - 7 days per week Crisis hotlines in Minnesota are listed on Web site
United Behavioral Health (UBH) www.unitedbehavioralhealth.com	800-848-8327	Medica's behavioral health provider
*Behavioral Health Provider (BHP) www.bhpcare.com	763-525-9919 Intake: 763-525-1746 1-800-361-0491	Patient Choice, UCare, and PreferredOne, for behavioral health
HealthPartners or HealthPartners Regions Behavioral Health Clinic www.healthpartners.com/portal/260.html	952-967-7992	Assessment and treatment for behavioral health and chemical health concerns
Mercy Mental Health Assessment & Referral	763-236-7911	Mental health assessment & referral
COPE	Hennepin County: 612-596-1223 Ramsey County: 651-266-7900	Crisis team will go to the client, evaluate and hospitalize if needed

Prepared/Delivered Meals

<p>Open Arms www.openarmsmn.org</p>	<p>612-872-1152</p>	<p>Prepares and delivers meals to Twin City clients with diagnosis of HIV/AIDS, MS, ALS or breast cancer (general boundary for delivery is the I-494/I-694 loop)</p> <p>Illnesses that may be considered for short-term service at end of life or while dealing with acute status (limited availability):</p> <ul style="list-style-type: none"> • Cancer: lung, lymphoma, leukemia, prostate, ovarian • Chronic obstructive pulmonary disease • Huntington's Disease • Freidrich's Ataxia • Renal failure • Liver disease and hepatitis
<p>Store to Door www.storetodoor.org</p>	<p>651-642--1892</p>	<p>Delivers groceries for elderly and handicapped: Bloomington, Edina, Eden Prairie, Excelsior, Fridley, Hopkins, Minneapolis, Minnetonka, Oakdale, Plymouth, Robbinsdale, St. Anthony, St. Louis Park and Wayzata</p>
<p>Meals on Wheels http://www.meals-on-wheels.com/</p>	<p>Minneapolis: 612-623-3363 St. Paul: 651-789-2531 Ramsey: 651-266-4006 Dakota County: 952-393-9860 Anoka County: 763-434-6117 Maple Grove: 612-201-2265</p>	<p>Volunteers deliver meals to homebound people</p>

Public/Financial Assistance

Anoka County www.co.anoka.mn.us	763-717-7730 family 763-422-7246 adult	1201 89 th Ave., NE, Blaine 2100 3 rd Ave., Anoka
Carver County www.co.carver.mn.us	952-361-1600	602 E. 4 th St., Chaska
Chisago County www.co.chisago.mn.us	651-213-5600	313 N. Main St, Center City
Dakota County www.co.dakota.mn.us	651-554-5611	1 Mendota Road W., W. St. Paul
Hennepin County www.hennepin.us	612-596-1300	330 S. 12 th , Mpls
Isanti County www.co.isanti.mn.us	763-689-1711	509 – 555 18 th Ave. SW, Cambridge
Kanabec County www.co.kanabec.mn.us	320-679-6350	905 Forest Ave. E., Mora
Mille Lacs County www.co.millelacs.mn.us	320-983-8208 or 888-270-8208	525 2 nd St. SE, Milaca
Ramsey County www.co.ramsey.mn.us	651-266-4444	160 East Kellogg, St. Paul
Scott County www.co.scott.mn.us	952-445-7751	200 Fourth Ave. W., Shakopee
Sherburne County www.co.scott.mn.us	763-241-2600 or 800-433-5239	13880 Hwy 10, Elk River
Washington County www.sherburne.mn.us	651-430-6455	13000 Ravine Parkway S., Cottage Grove
Wright County www.co.wright.mn.us	763-682-7414	1004 Commercial Dr., Buffalo
Social Security Administration www.ssa.gov	800-772-1213	1811 Chicago Ave. S., Mpls Medicare, disability, Social Security & retirement

Shelters

Minneapolis & St. Paul Metro Shelter Hotline	1-888-234-1329	Information regarding emergency shelters and transitional housing for single adults, families and youth in 7-county metro area
Family Place	651-225-9357	244 10 th St. E., St. Paul Intake: M-F, 6:30 am - 6:30 pm Sat & Sun, 8:30 am - 6:30 pm

Transportation

MNET (Medical Transportation Management)	1-888-561-8747 (Ambulatory Pts) 651-645-9254 xt 4434 (Wheelchair Pts)	Individuals with Medical Assistance (MA) must call this number for ride authorization
Medica Provide A Ride www.member.medica.com	952-992-2292	Recipients must call to obtain ride authorization
ElderRide Transportation	612-332-9544	Transportation for seniors 60 and older M-F, 9 am – 2:30 pm Suggested donation \$3 for each segment of the trip
Blue Plus Healthride www.bcbs.com	651-662-8648	For patients with Blue Cross MA
UCare Transportation www.ucare.org	612-676-6830	For patients with UCare MA
Health Partners Healthride www.healthpartners.com	952-883-7400	For patients with HealthPartners MA
Rainbow Taxi	612-332-1615	Offers wheelchair lift taxis
Red & White Taxi	612-871-1600	
Airport Taxi	952-928-0000	Medical transportation

Suburban Taxi	651-646-2222	
*Fairview Senior & Disabled Transportation	612-672-7272 Fairview On-Call	Arrange through Fairview On-Call. Limited geographic area; low cost
Lifelink www.lifelinkiii.com	612-378-5465	Stretcher & wheelchair available
CART	612-823-5000	Stretcher & wheelchair available
Medivan	800-422-0976	Greater Minnesota rides
DARTS www.darts1.org	651-455-1560 651-455-1339 transportation	Dakota County transportation and older adult/family resources

Additional Resources

*Ebenezer Adult Day Programs www.fairviewebenezer.org	952-898-3085 Burnsville 651-438-9800 Hastings 612-879-2311 Minneapolis 651-385-9340 Red Wing 651-423-5926 Rosemount	Adults 55+ who live at home or with family, but need some assistance during the day, come to one of our adult day sites and enjoy a safe environment with activities, meals and more Note: Several forms of assistance are available including, Elderly Waiver, VA, CADI and insurance
*Ebenezer Hands and Hearts Moving and Estate Sales program www.fairviewebenezer.org	612-872-8545	Conducts moving and estate sale, including cleaning and pricing merchandise, and packing up and removing unsold items
*Fairview Care Management and Coordination	612-728-2468	Help for individuals or their loved ones to understand options and resources available to older adults and people with chronic or lengthy illnesses
* Fairview International Travel Clinic	Eden Prairie 952-826-6500 Minneapolis 612-827-4751 Prior Lake 952-226-2600	
*Fairview Lifeline www.fairview.org/lifeline	612-728-2468 1-866-827-5039	A medical alert service for older or disabled adults living at home

Normandale Center for Health and Wholeness www.normluth.org	Area served: Edina, West Bloomington, Richfield, Eden Prairie, South Minneapolis, and St. Louis Park 952-929-1697	For seniors and caregivers in transition: <ul style="list-style-type: none"> • Resource coordination • Adaptive equipment • Volunteer drivers • Caregiver support and education
*Fairview Outpatient Pharmacy www.fairview.org/pharmacy	612-626-2828	Request co-pay arrangements Rx issues, medication delivery
*Fairview Mail Order Pharmacy	612-672-5261	Call 3 days before prescription runs out
*Fairview Partners and Geriatric Services www.fairviewpartners.org	952-836-3827	Community, assisted living and long term care for seniors.
*Fairview Memory Loss Assessment Clinic www.fairviewpartners.org/memoryloss/index.asp	952-924-1478	Locations: Fairview Crosstown Clinic (Edina) Fairview Ridges Clinic (Burnsville)

NOTE:

Please help us keep this resource guide up to date. Please add your own resources in the additional rows in each category and email your updates to kfine1@fairview.org or call 952-925-1250.

FPA provides you with this listing of community-based care providers in the community; however this list doesn't constitute an endorsement.